

My Tower
William Ben Bellamy Jr.

A book about organizing and operating life.

—[Notes for Ben]---

Sketch out the structure with brief notes about each chapter.

Include small inserts of 'my diary' which are the things I post on Facebook etc. Not necessarily in context with their location. They just occur, as in real life. Consider them and enjoy them. But also enjoy and nurture their spontaneity.

Detail the important foundational principle and processes and priorities I value.

This is all conceptual, but so much of what matters is. This is a very flexible framework, not a 'do this' type of idea. Customization, adaption to one's own principals, situations, passions should determine all aspects of the place from which you do life,

—[Preface]---

This is one comfortable way I envision my life, operating my life, healing/growing/planning/assessing my life.

We do life out there among others, and alone. But it is out there. It is not that all of the planning, reevaluating and imagining happen out there, the place outside of ourselves. Rather, there is a place in which I prepare for and evaluate what happens out there. Outside of my tower. Yes it is all very fuzzy which makes some people uncomfortable. This is just one of many ways to think of the life you are doing and experiencing.

—[A Description]---

A wizard's stone tower deep within a green forest. In the sunlight, and sometimes in the shade.

—[The Tour]---

The floors, the rooms, the corridors.

—[What I Do Here]---

What I do in the rooms. What I keep in each room.

—[Constant Change, Good & Bad]---

This place never seems to remain the same for long. Either my activity and thoughts change it or the forces from the outside cause or inflict change that may or may not be welcome. More on that later...

—[Facilities Maintenance]---

As wonderful a place as it is, it is in constant need of upkeep. Repairs, modifications, additions, repurposing. This place reflects my life in that it grows, and ages.

—[Visitors Are Welcome, Conditionally]---

Visitors are critically important! Some are met on the front lawn, some in the 'front room', others into the conference areas. And a very, very few are allowed in the upper floors where the private rooms are. There are even a few rooms where no one will ever be allowed. Do I have things to hide? Hell yes, we all do!

There are rules.

—[Escape Plan, Heal, Attack]---

Some of the important and regular things I do here,

—[Rest, Work, Daydreaming]---

This is a place where I can escape for caring fir myself. That is not at all selfish. To care for and interact best with others you have to be in good shape.

—[Travels]---

Not all of life occurs inside my tower. In fact, I spend much of my time outside, elsewhere, in other towers.

—[Privacy, Confidentiality, Secrets]---

Protecting info

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—[Back to Living in My Tower]---

This is the conclusion with any last points and wrap up. From here I get back to all the things the previous chapters were about.